



Sewing Techniques Portfolio

September 2015

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(Print Without Scaling or Shrink to Fit)

Illustrator work by John Zeller

Lengthwise Warp Grain

8½" x 11" Basic Pattern

Cut 40 — Woven Fabric

Cut 2 — Woven Interfacing

- Make 2 interfaced fabric sandwiches using the 2 cut pieces of woven interfacing and 4 cut pieces of woven fabric. See *Sewing Techniques Portfolio Instructions* for additional directions. Mark 1 for buttonholes and mark 1 for closures.
- Make 4 fabric sandwiches using 8 cut pieces of woven fabric. See *Sewing Techniques Portfolio Instructions* for additional directions. These sandwiches are for the following:
 - Learn to Sew Straight Lines
 - Learn to Sew Corners
 - Learn to Sew Spirals
 - Patch Pockets
- Keep additional cut woven single layer fabric pieces for various other learning experiences.

BACKSTITCH

BACKSTITCH

Practice Control Sheet #1 — Straight Stitching

1. Trace lines onto a 2 layer backed and serged or edge stitched fabric sandwich.
2. Stitch without thread, right onto this paper, to learn machine control.
Back Stitch at each end.
3. Stitch with thread onto your marked fabric sandwich to learn how to control fabric and thread. Remember to Back Stitch both ends of the stitching line.

BACKSTITCH

BACKSTITCH

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BACKSTITCH

(Not a Pattern)

BACKSTITCH

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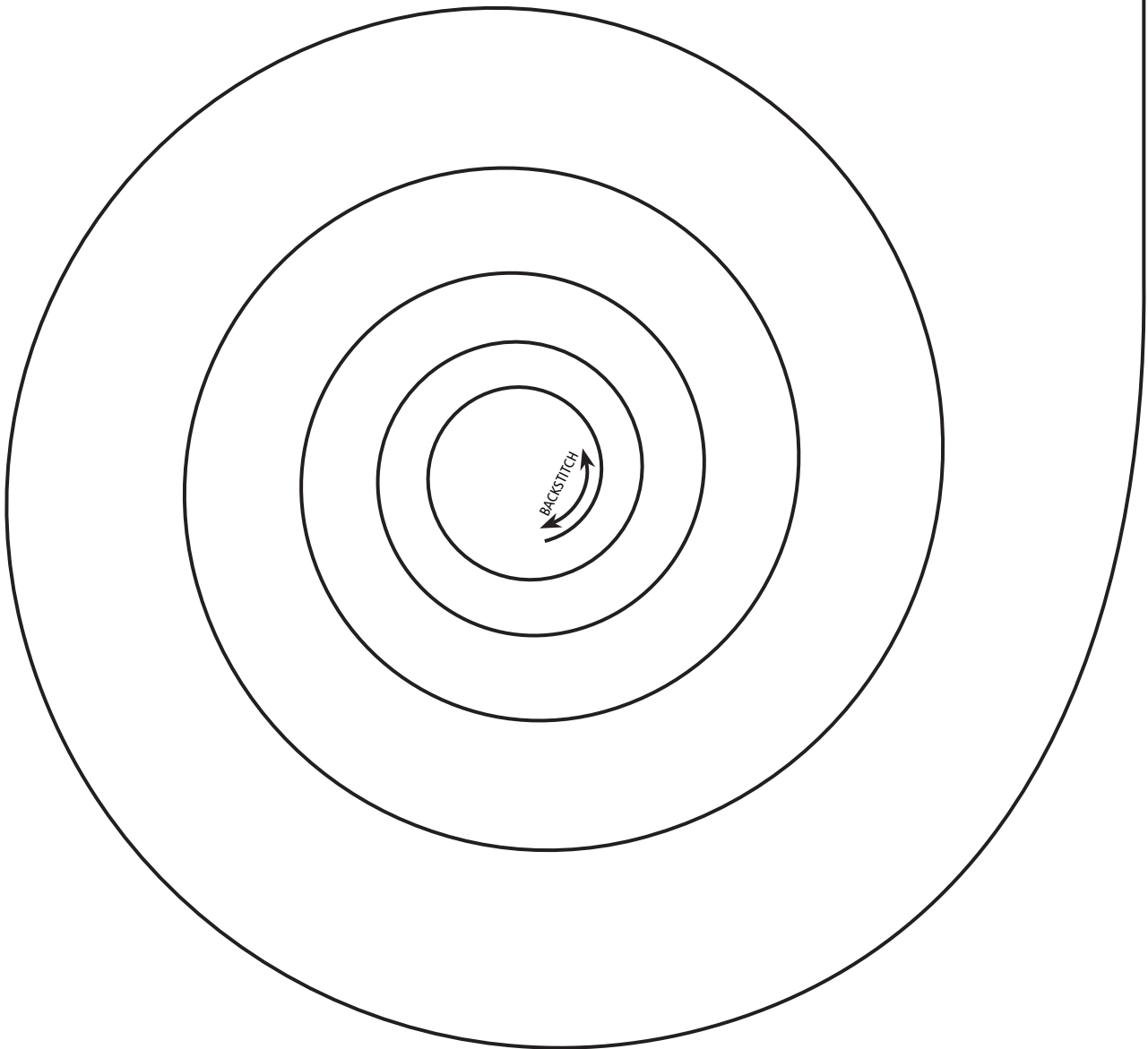
BACKSTITCH

Practice Control Sheet #3 — Spirals

1. Trace lines onto a 2 layer backed and serged or edge stitched fabric sandwich.
2. Stitch without thread, right onto this paper, to learn machine control. Back Stitch at each end.
3. Stitch with thread onto your marked fabric sandwich to learn how to control fabric and thread. Remember to Back Stitch both ends of the stitching line.

BACKSTITCH

(Not a Pattern)



(Not a Pattern)

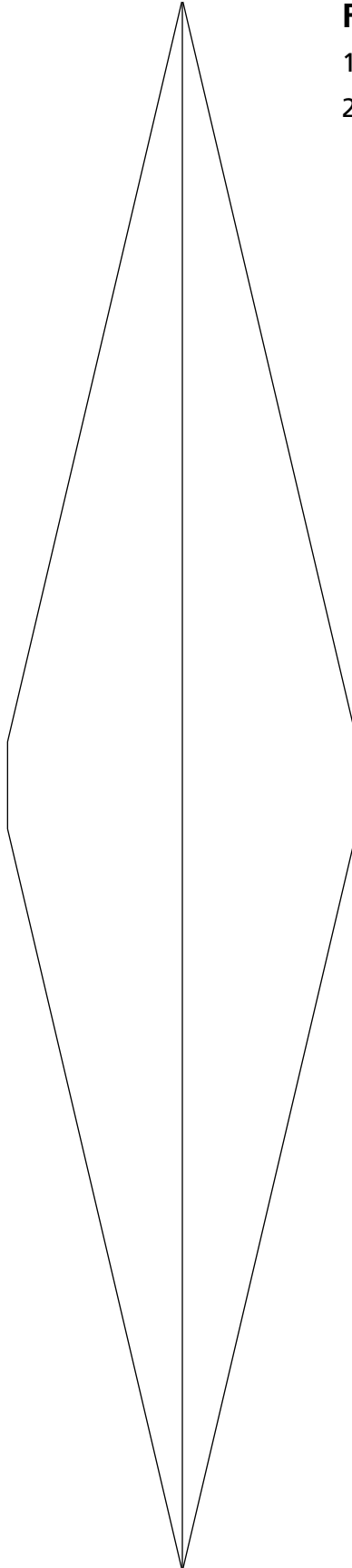
Regular Dart Practice 1

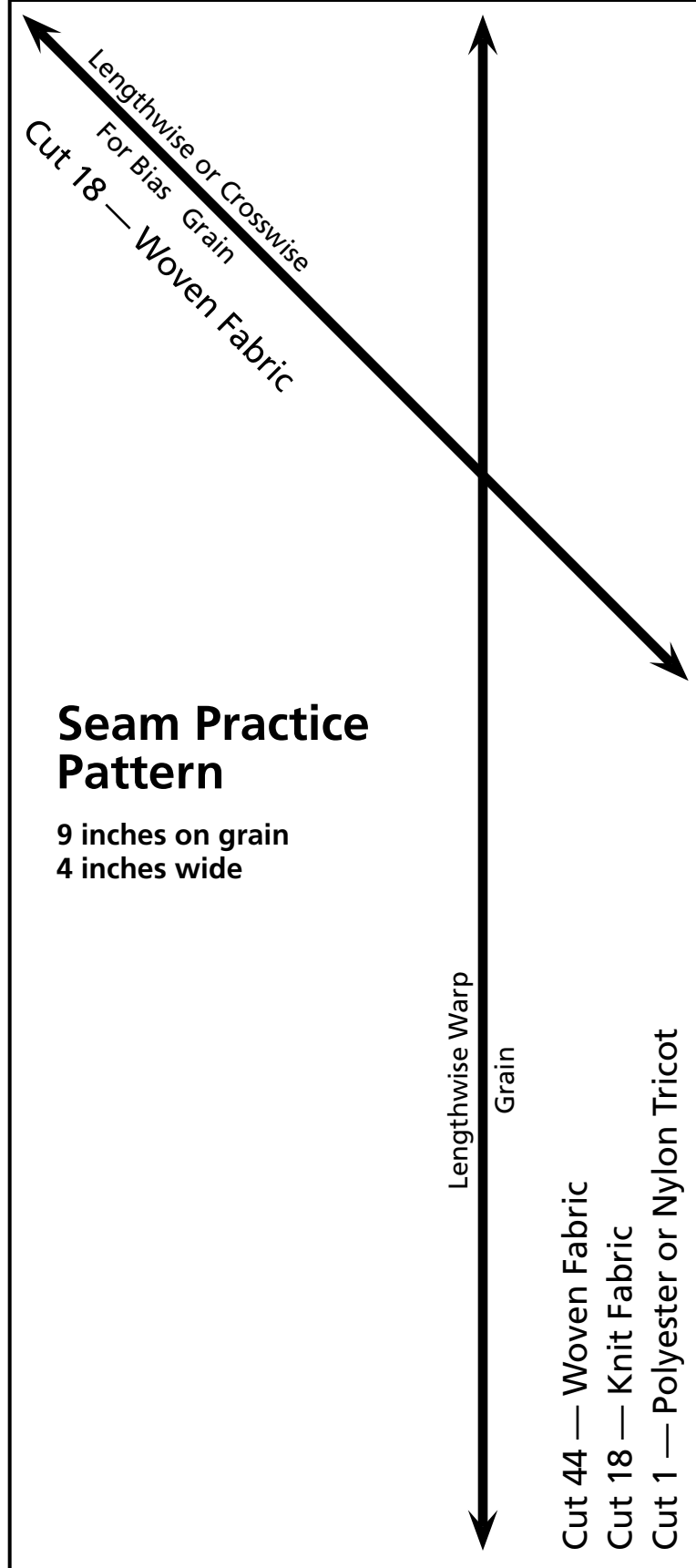
1. Use 4 8½" x 11" cut fabric pieces.
2. Trace straight leg dart onto cut pieces.

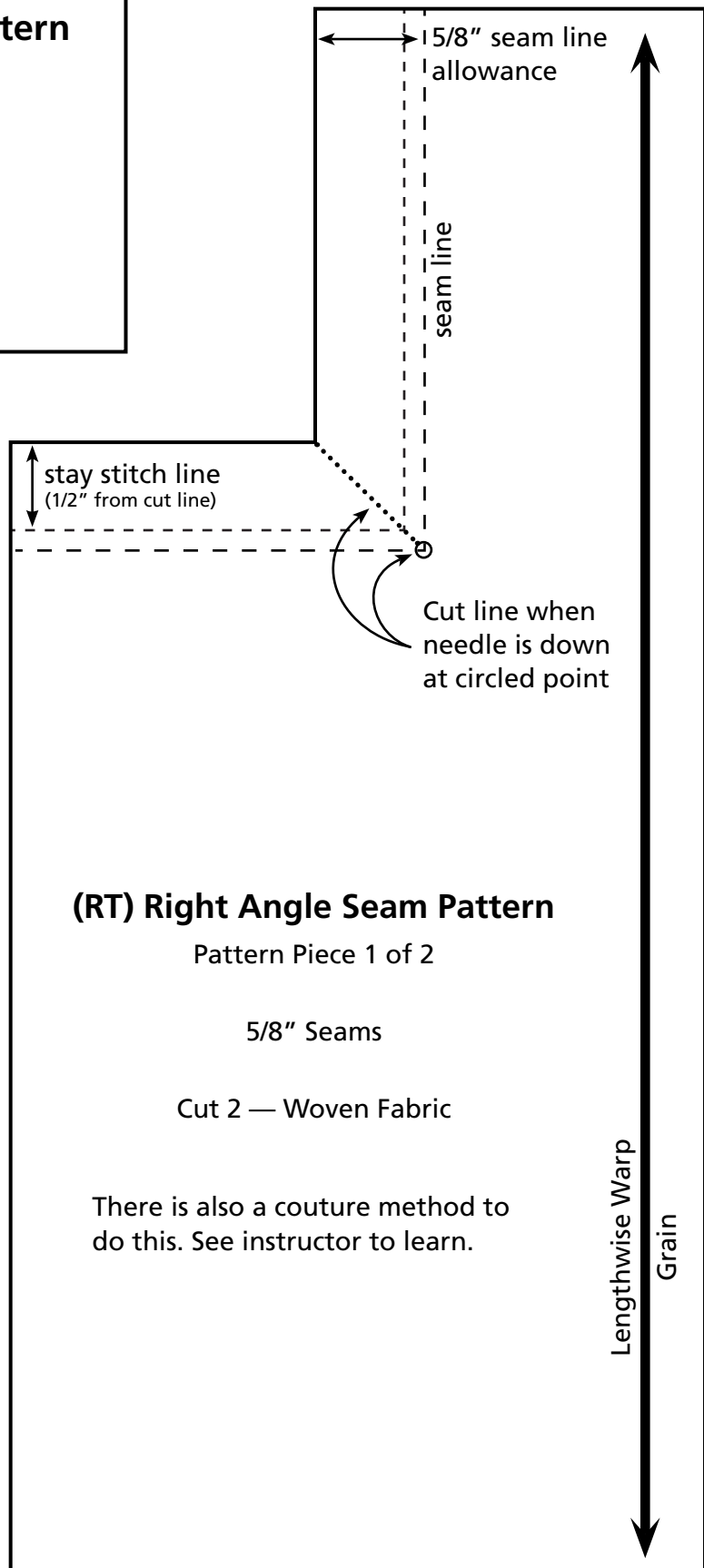
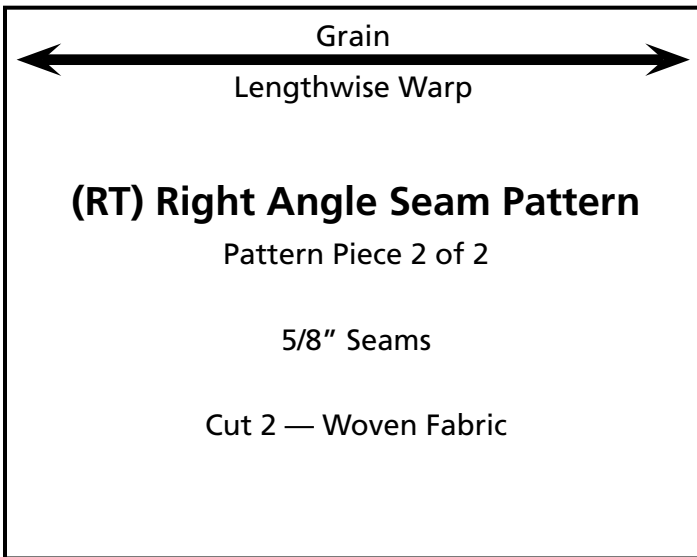
Fisheye Dart Practice 2

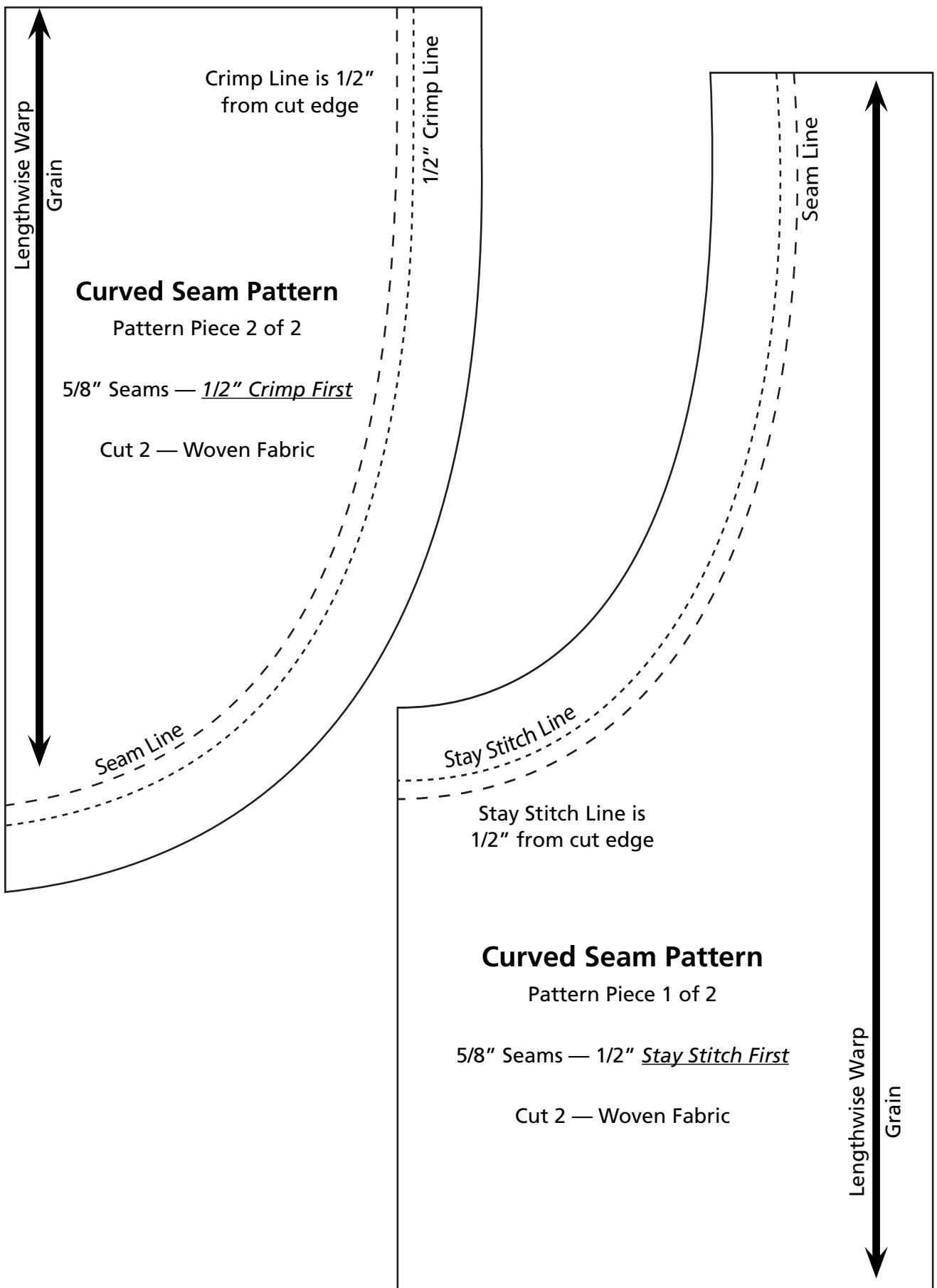
1. Use 2 8½" x 11" cut fabric pieces.
2. Trace fish eye dart onto cut pieces.

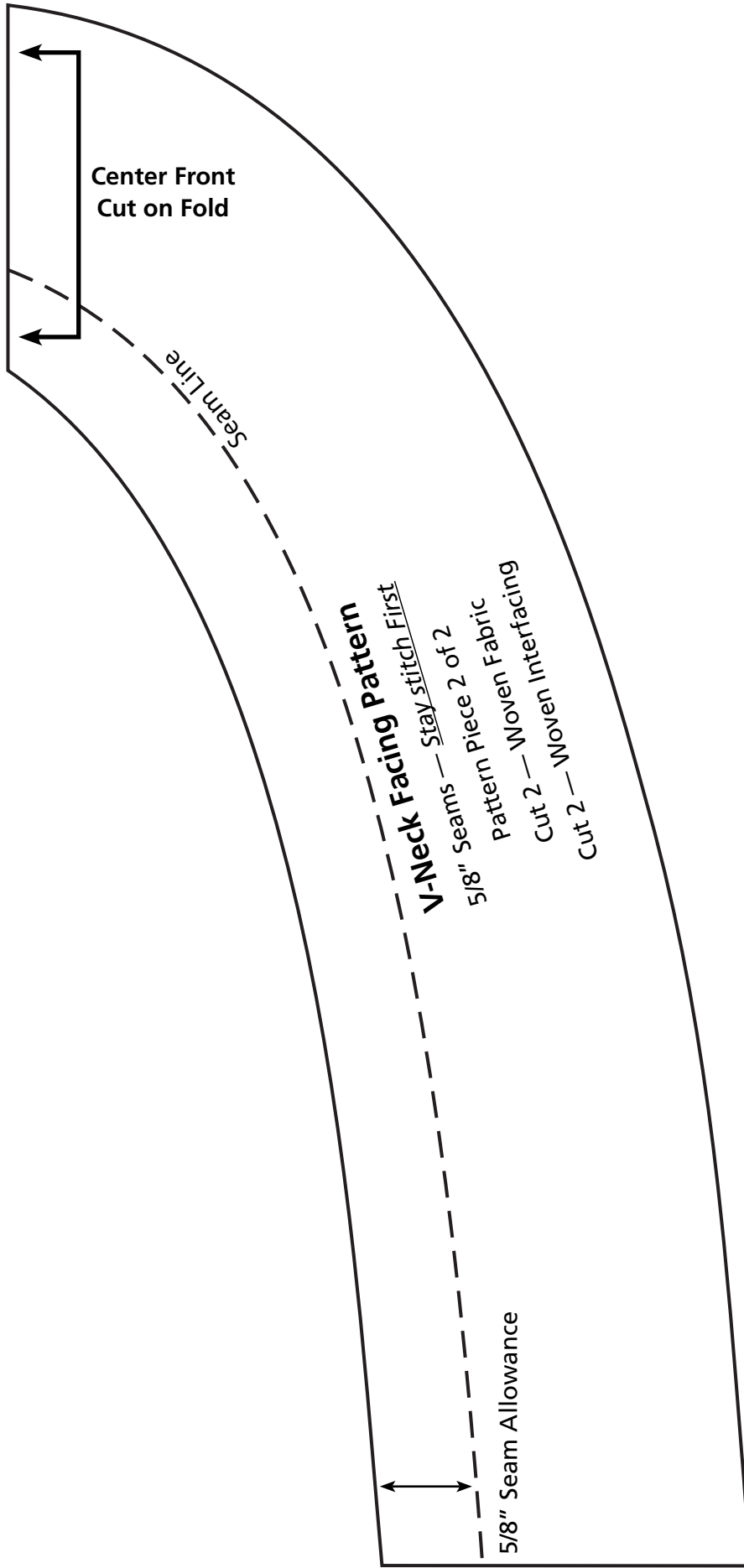
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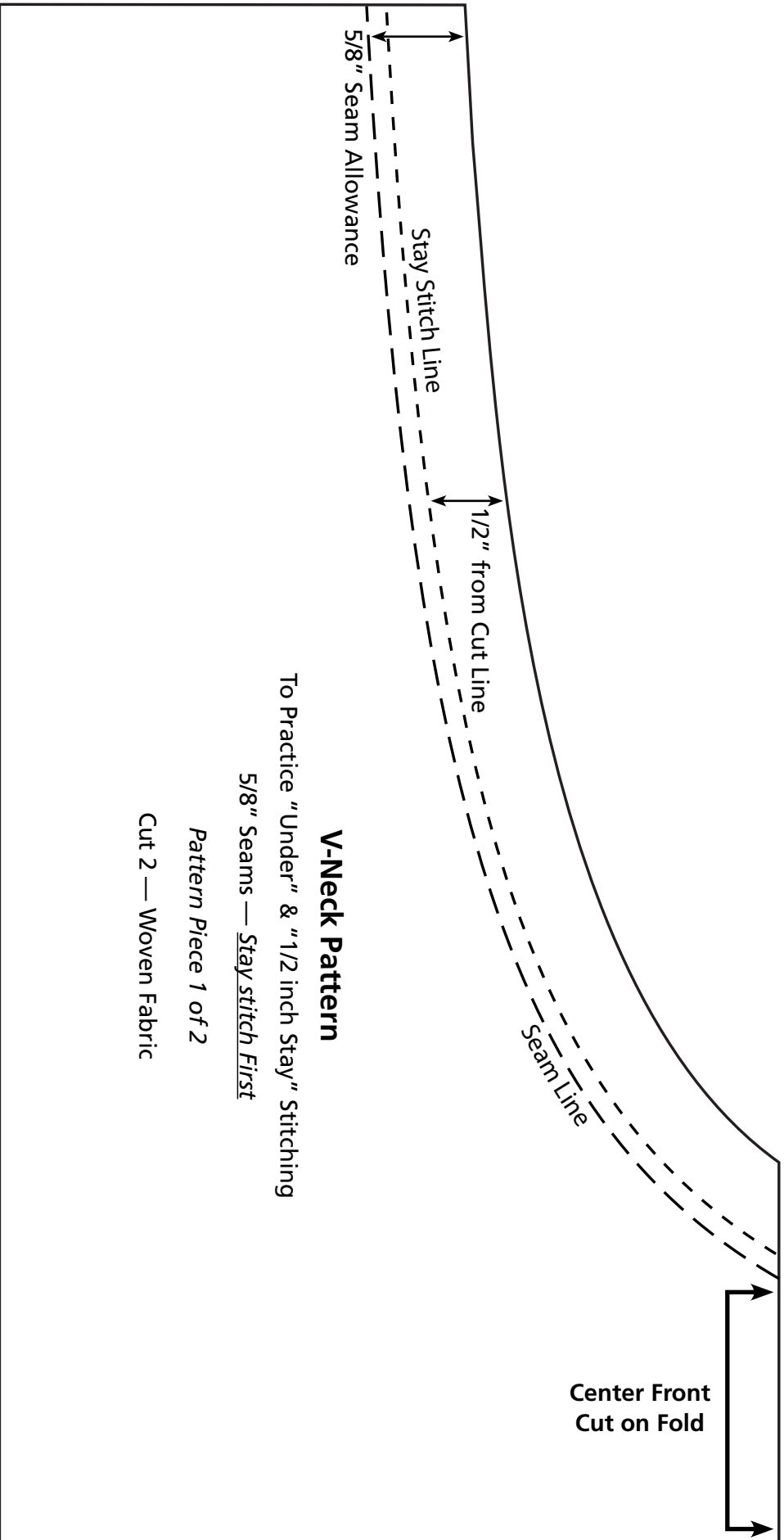












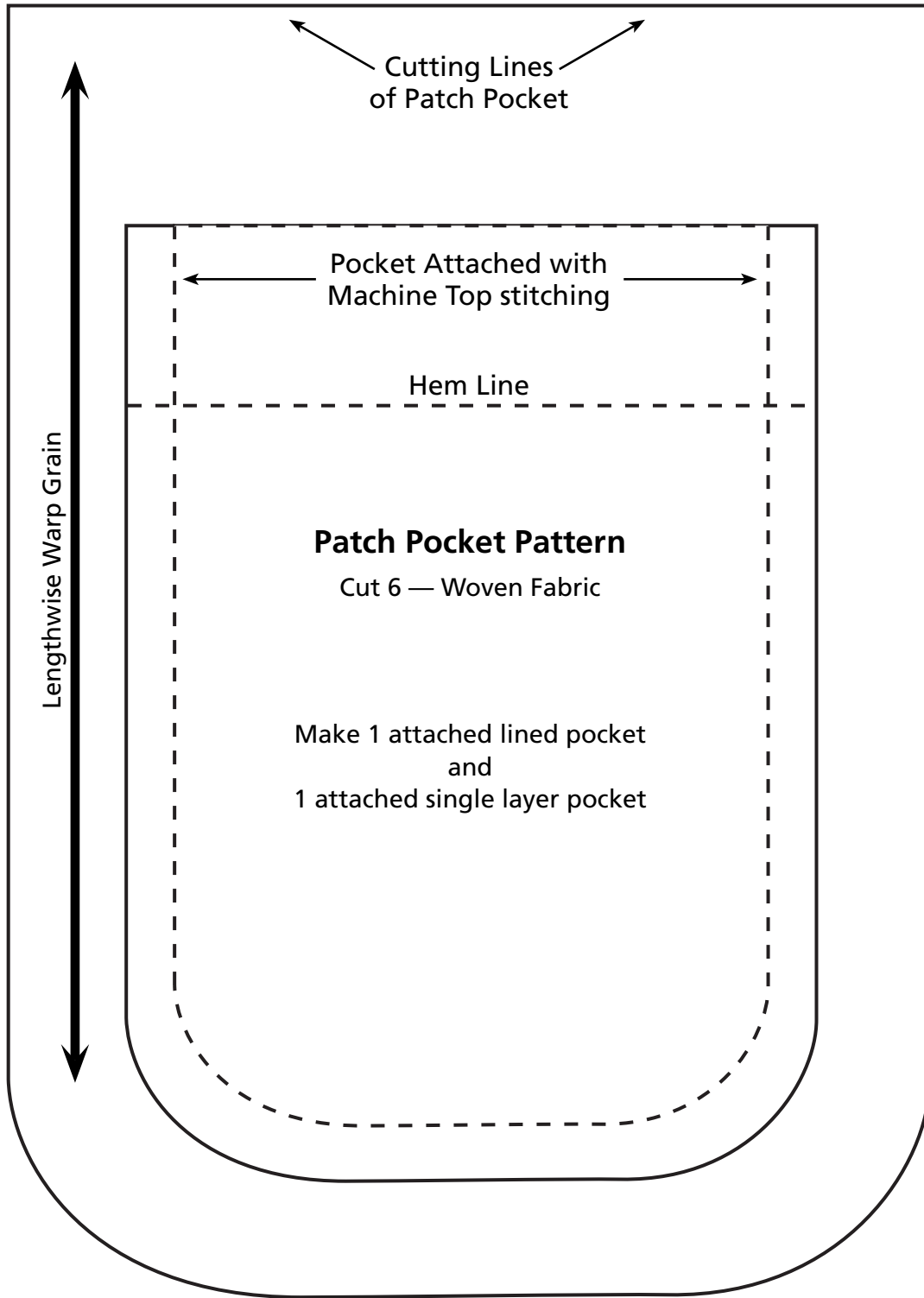
V-Neck Pattern

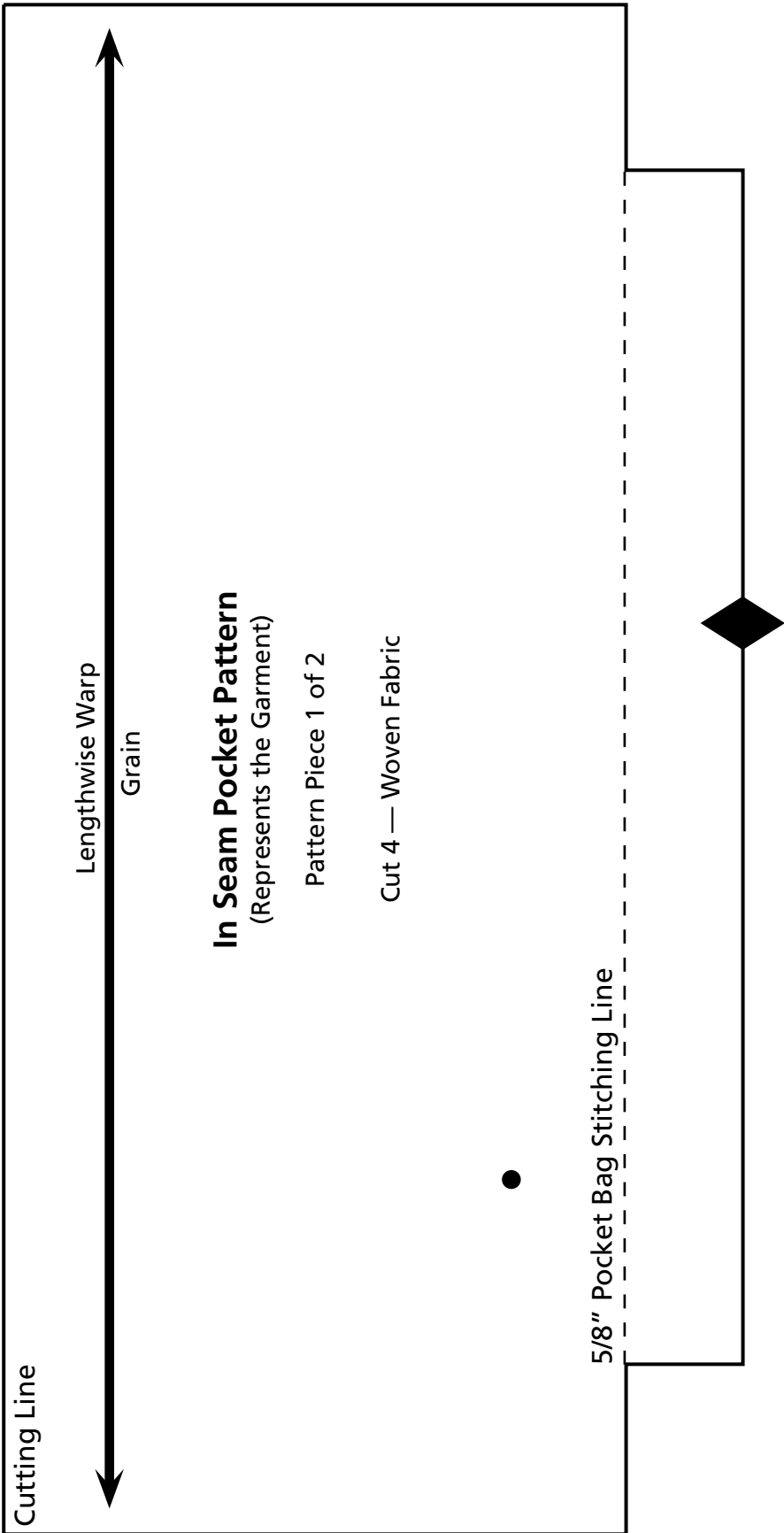
To Practice "Under" & "1/2 inch Stay" Stitching

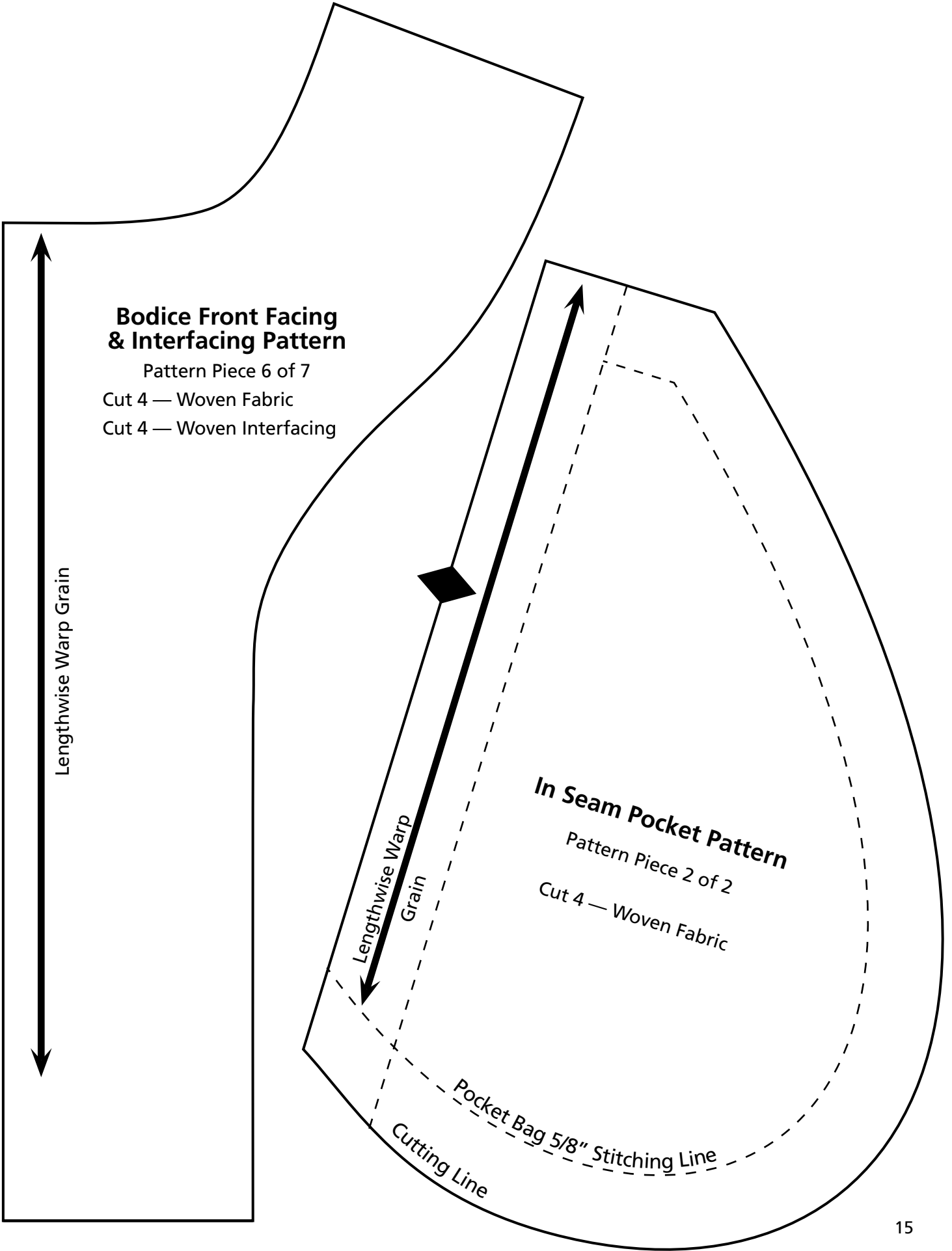
5/8" Seams — Stay stitch First

Pattern Piece 1 of 2

Cut 2 — Woven Fabric







**Bodice Front Facing
& Interfacing Pattern**

Pattern Piece 6 of 7

Cut 4 — Woven Fabric

Cut 4 — Woven Interfacing

Lengthwise Warp Grain

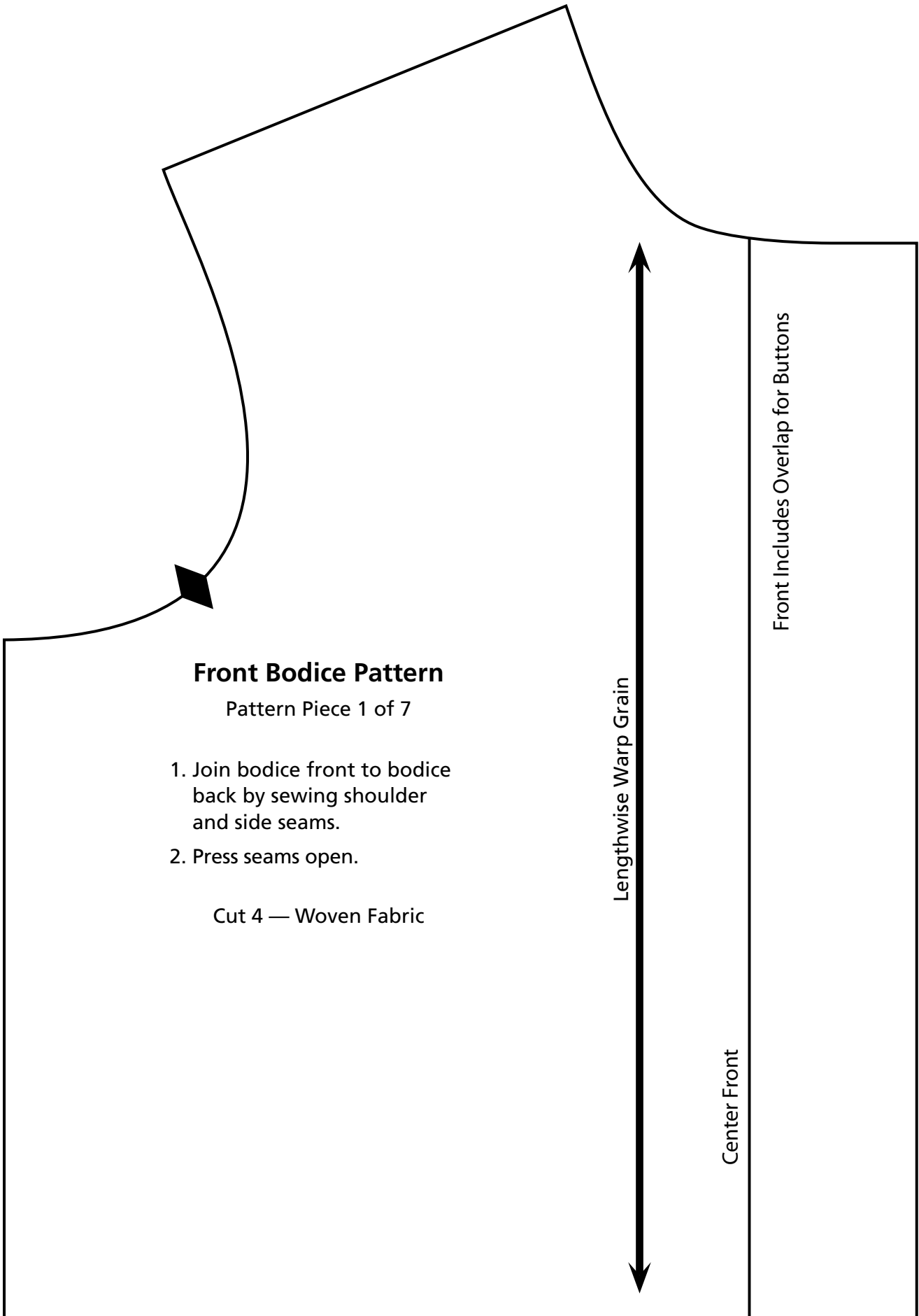
In Seam Pocket Pattern

Pattern Piece 2 of 2

Cut 4 — Woven Fabric

Lengthwise Warp
Grain

Cutting Line
Pocket Bag 5/8" Stitching Line



Front Bodice Pattern

Pattern Piece 1 of 7

- 1. Join bodice front to bodice back by sewing shoulder and side seams.
- 2. Press seams open.

Cut 4 — Woven Fabric

Center Front

Front Includes Overlap for Buttons

Lengthwise Warp Grain

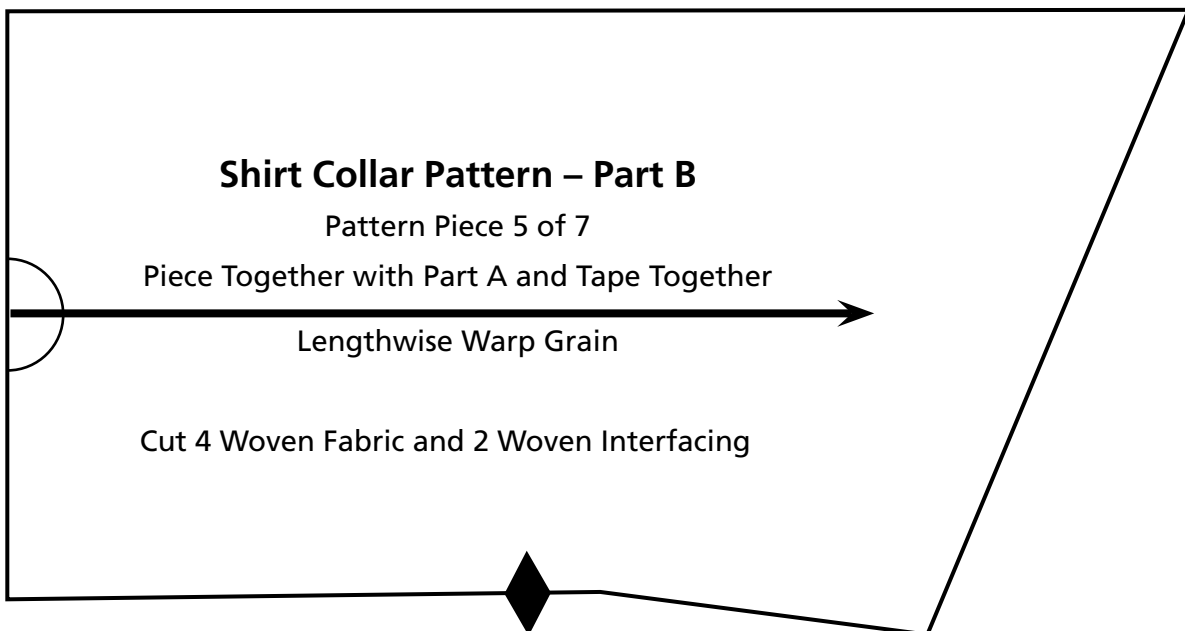
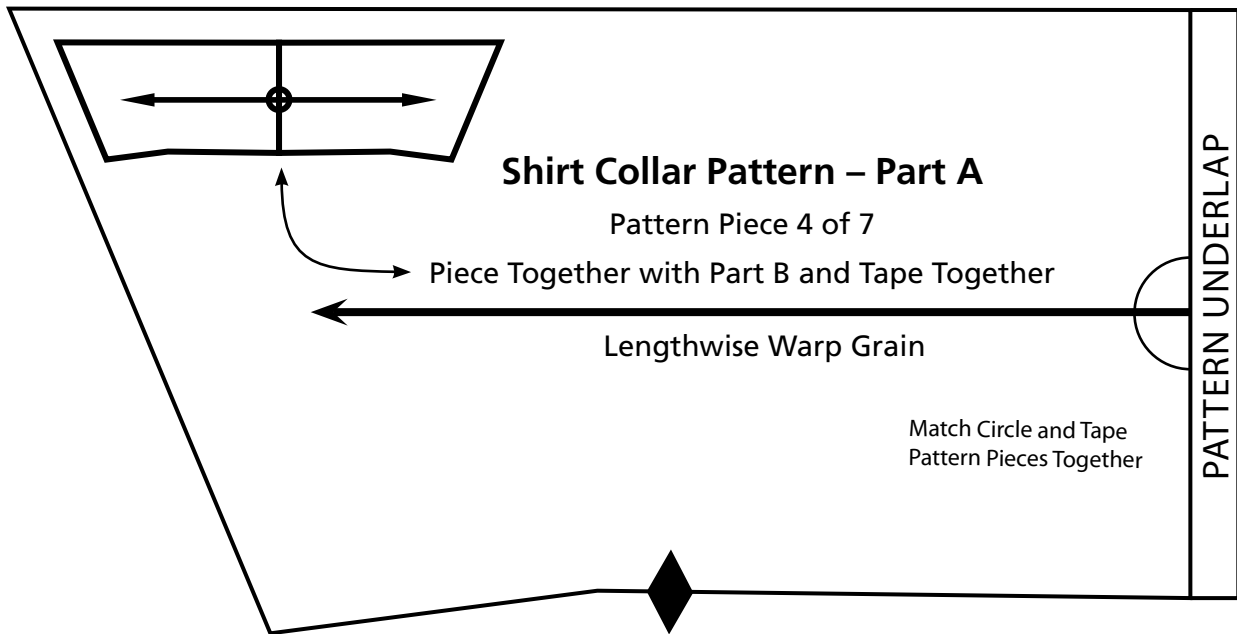
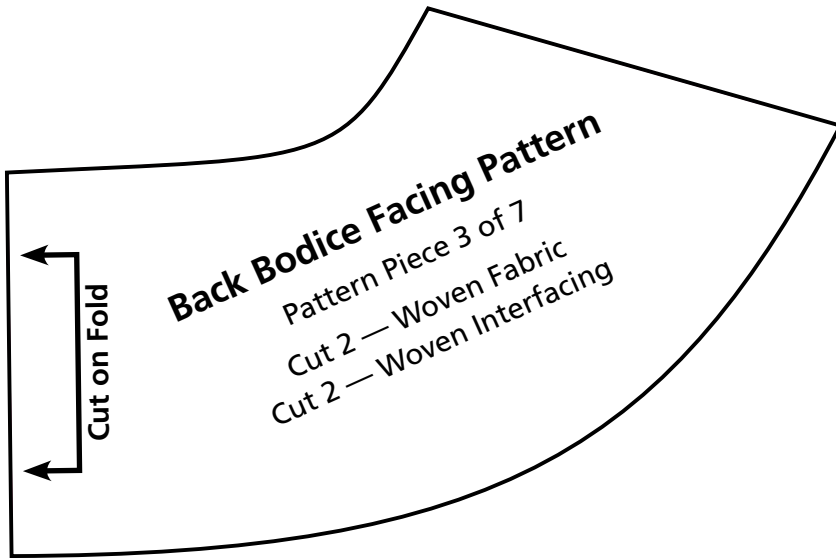
Back Bodice Pattern

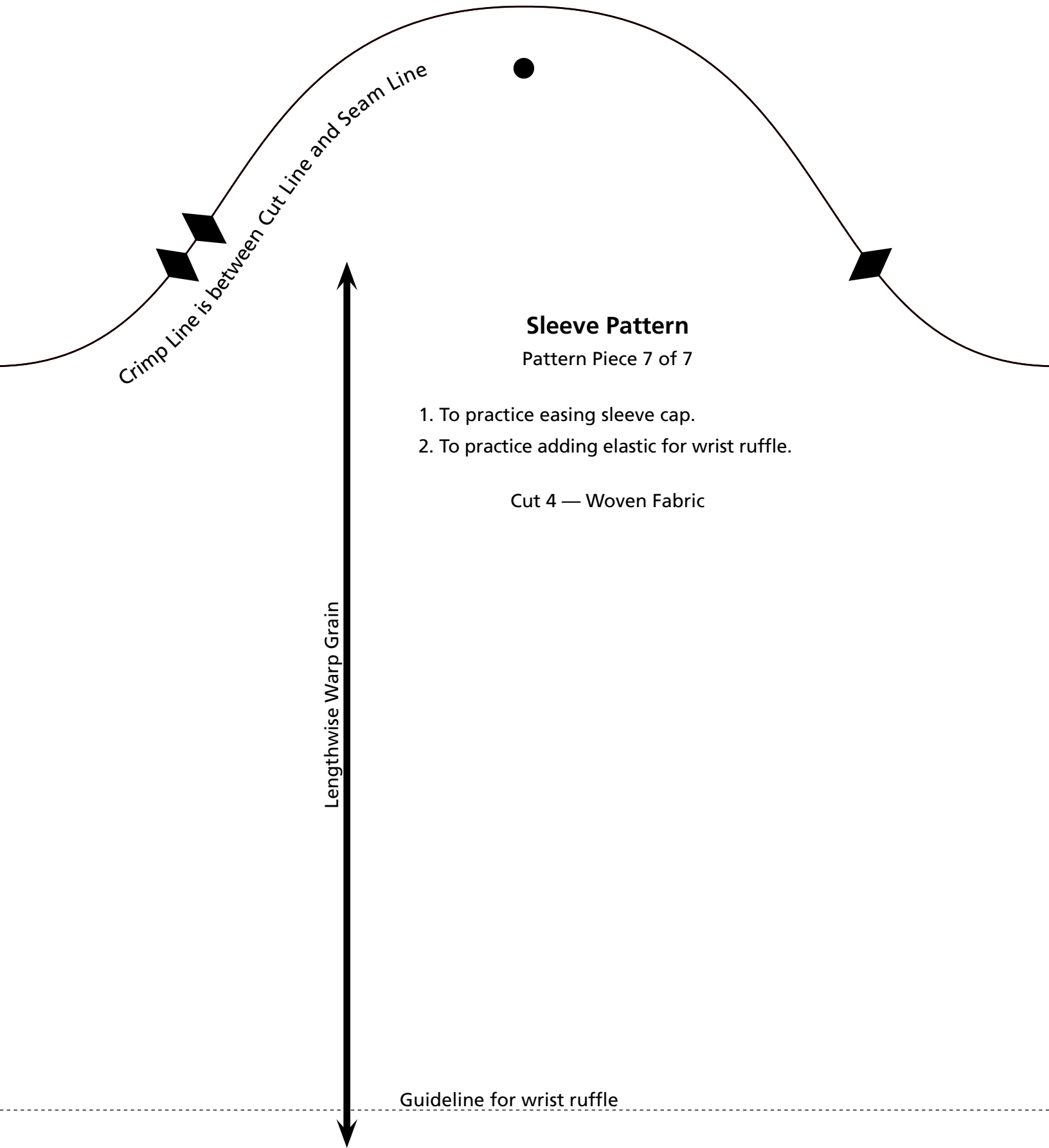
Pattern Piece 2 of 7

1. Join bodice front to bodice back by sewing shoulder and side seams.
2. Press seams open.

Cut 2 — Woven Fabric

Center Back — Cut on Fold





Crimp Line is between Cut Line and Seam Line

Sleeve Pattern

Pattern Piece 7 of 7

1. To practice easing sleeve cap.
2. To practice adding elastic for wrist ruffle.

Cut 4 — Woven Fabric

Lengthwise Warp Grain

Guideline for wrist ruffle